

Trisections & Heegard splittings

(Notes by S. Dwivedi)

- Heegard Splittings \hookrightarrow Morse Theory
- Diagrams
- Trisections

eventual goal - reach trisections
 \hookrightarrow 4 dim analog of something 3-dimensional

Expository talk.

Defⁿ:- let M^3 be a 3-manifold. A **Heegard Splitting** of M is $M^3 = H_g^3 \cup_{\Sigma_g} H_g^3$; where

$$H_g = \sqcup^g S^1 \times B^2 \quad ; \quad \partial H_g = \#^g S^1 \times S^1 = \Sigma_g$$

$\partial(x \# y) = \partial x \# \partial y$

\downarrow
 surface of genus g

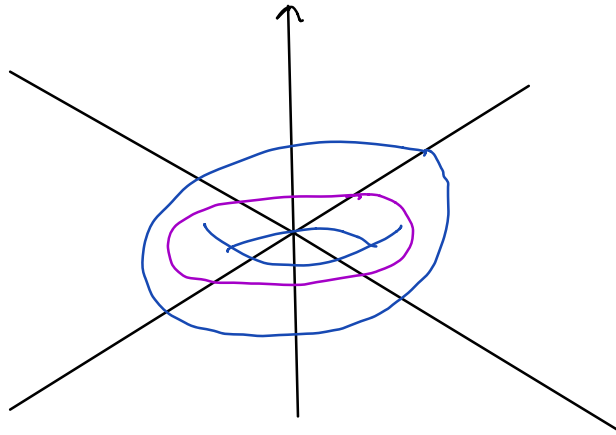
$g \rightsquigarrow$ genus of the handle body H_g

$\sqcup^g \rightsquigarrow$ Boundary connected sum

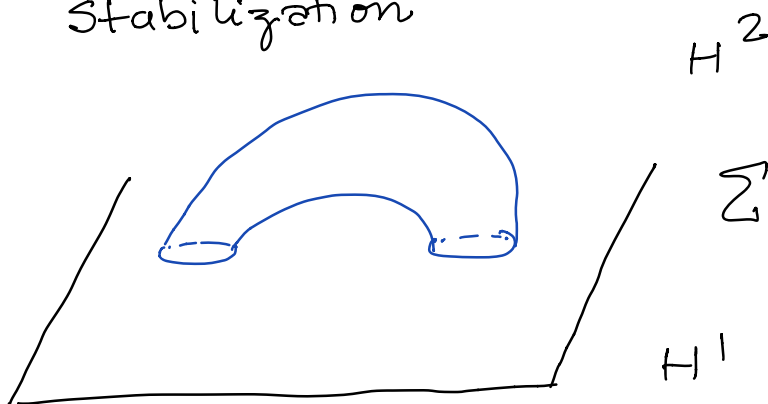
Examples

(1) $S^3 = B^3 \cup_{S^2} B^3$ ($S^2 = B^2 \cup_{S^1} B^2$)
↳ genus zero

(2) $S^3 = H_1 \cup H_1$, $H_1 = \text{solid torus}$



3) Stabilization

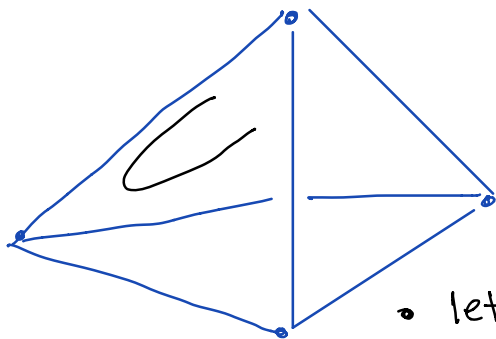


from stabilization :- If we have a Heegaard splitting of genus g then it has a Heegaard splitting of all higher genus.

Theorem :- Given M^3 , \exists Heegaard splitting of genus g for some g .

Proof
 \rightarrow 3 manifolds are triangulizable [Moise, Bing 50's]

\rightarrow Fix $M \subseteq K$ \leadsto simplicial complex



• let $H^1 = \nu(K^{(1)})$
 $\cong H_g$ (some g)

• let $H^2 = M \setminus \nu(K^{(1)})$
 $= \nu(\text{dual to } K^{(1)})$

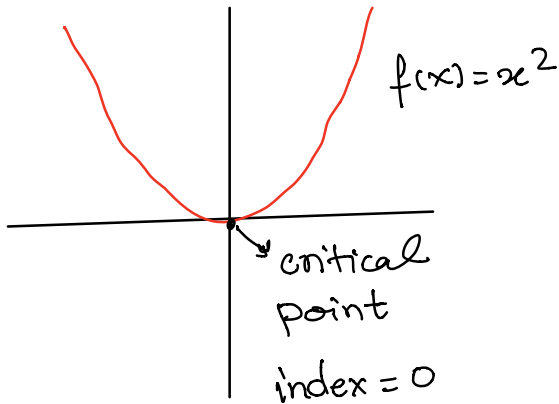
Then $M = H_g \cup_{\Sigma_g} H_g$ \square

2nd proof \Rightarrow

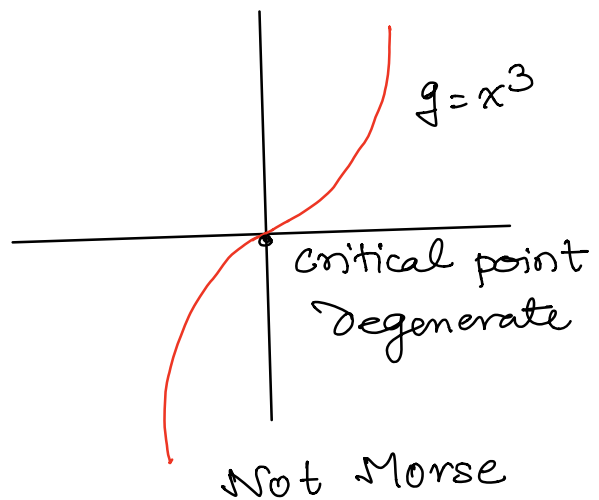
Defⁿ \Rightarrow A function $f: M \rightarrow \mathbb{R}$ is called Morse if f has **no** degenerate critical points where degenerate $\Leftrightarrow \text{Hess } f \Big|_{\text{pt}} \overset{0}{\neq}$

singular.

- The index of a critical point $\overset{0}{\neq}$ the index of $\text{Hess } f = \#$ of negative eigenvalues.



Morse

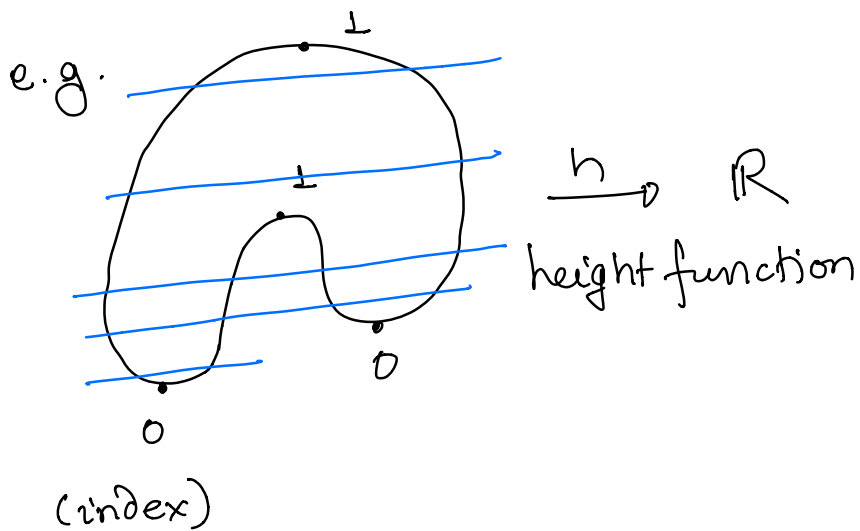


$h = x^3 - tx$ is Morse

There are lots of Morse functions, they are generic & stable.

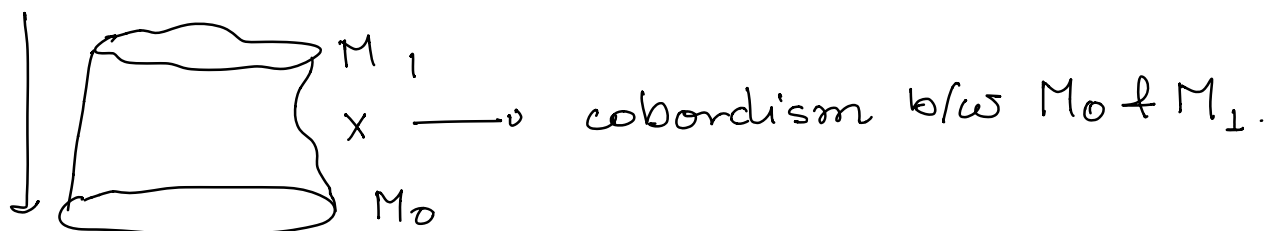
Morse lemma Let $f: M \rightarrow \mathbb{R}$ be Morse and p be a critical point (index k). Then there are coordinates s.t.

$$f = -x_1^2 - \dots - x_k^2 + x_{k+1}^2 + \dots + x_n^2$$



Prop:- Let $f: X \rightarrow \mathbb{R}$ be Morse w/ no critical points (X a cobordism from M_0 to M_1)

Then $X \cong M_0 \times I$ ($M_0 \cong M_1$).



↓ so the topology is not changing outside a nbd of critical points.

Proof [Sketch]

- pick g
- Look at $\nabla_g f = V$
- $df(V) = \perp$

$$\Phi : M_0 \times I \longrightarrow X$$

$(p, t) \longmapsto$ "flow p by V for time t ".

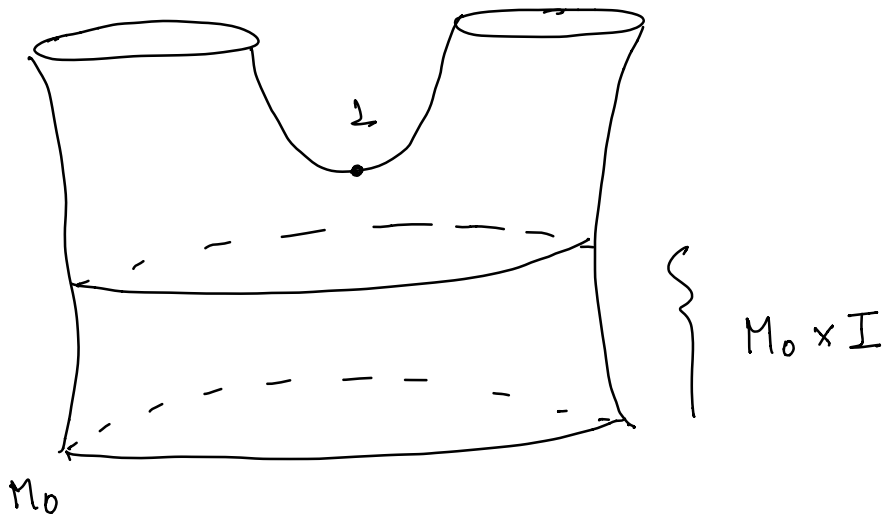
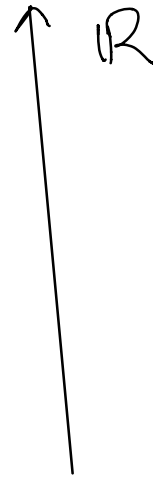
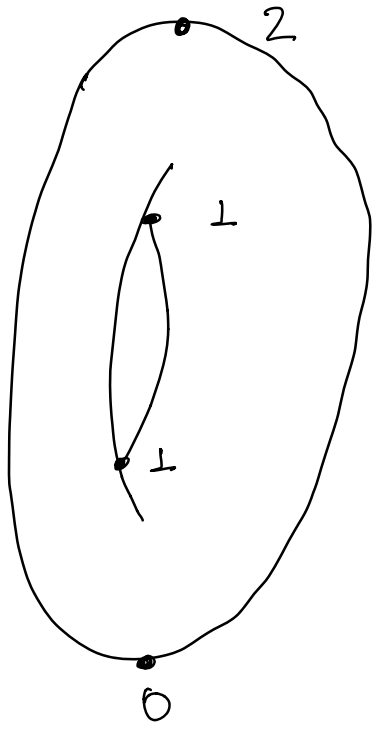
Proposition :- Let $f : X \rightarrow \mathbb{R}$ be Morse w/

one critical pt w/ index k . Then

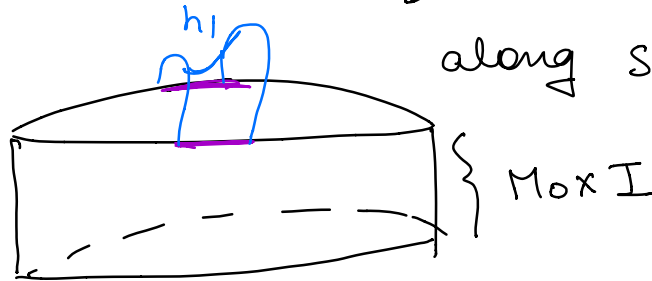
$$X \cong (M_0 \times I) \cup \{k\text{-handle}\}$$

$$h_k = D^k \times D^{n-k} \text{ attached along } S^{k-1} \times D^k$$

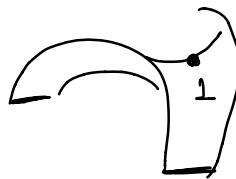
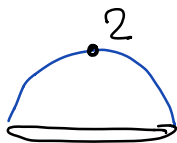
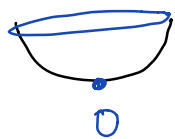
$$\partial h_k = S^{k-1} \times D^{n-k} \cup D^k \times S^{n-k-1}$$



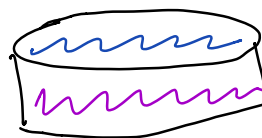
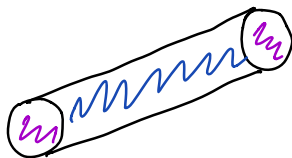
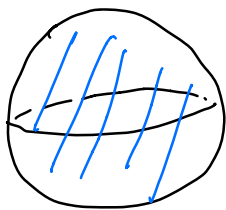
$D^1 \times D^1$ attached
along $S^0 \times D^1$



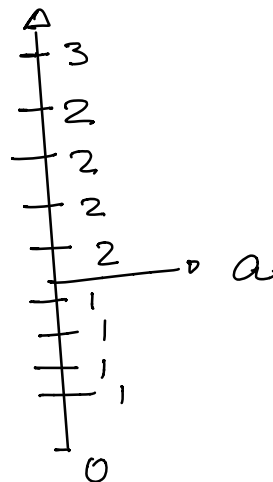
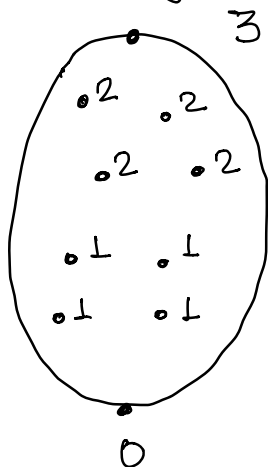
dim = 2



dim 3



Fact \Rightarrow for M^3 we can arrange the following



$f^{-1}(a) \cong \Sigma'_g$ for some g as "a" is a regular value.

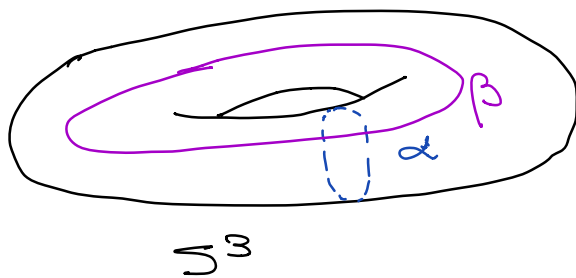
$$f^{-1}((-\infty, a]) \cong H_g$$

$$f^{-1}([a, \infty)) \cong H_g$$

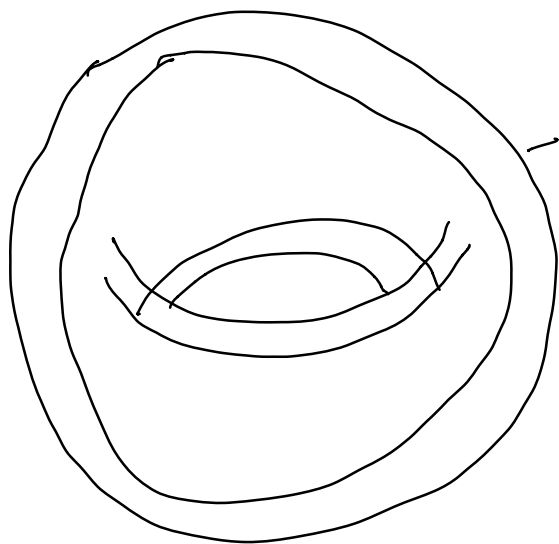
Claim \Rightarrow We can build M "inside out"

$$\begin{array}{c}
 (3-h) \\
 \uparrow 2-h \\
 \boxed{\Sigma \times I} \\
 \downarrow 2-h \\
 (3-h)
 \end{array}$$

We can describe M w/ a diagram.



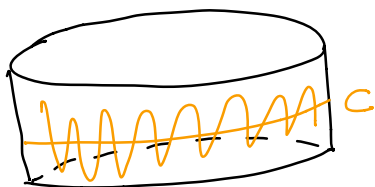
Here's how :-



$$\partial = \Sigma \times \{0\} = \alpha \\ \cup \Sigma \times \{1\} = \beta$$

- Start w/ $\Sigma \times I$.

- Attach 2-handles to $\Sigma \times \{0\}$ and $\Sigma \times \{1\}$ via α, β .



glue so that C gets sent to α .

- Then "fill" w/ 3-handles

- Attach 2-handles to $\Sigma \times \{1\}$ and glue so that the core gets sent to β .

Again "fill" w/ 3-handle.

Imagine having a donut and fill the gap w/ a ball \leadsto Kill the genus.

The original $\leadsto B^3 \cup_{S^2} B^3$

\leadsto genus M^3 , \exists a Heegaard splitting of certain genus. (no lower bound for genus g).

Theorem :- [Laudenbach - Poénaru]

Any diffeomorphism of $\#^R S^1 \times S^2$ extends across $\hookrightarrow \#^R S^1 \times B^3$.