The goal of this lecture is to show that every symmetric matrix is orthogonally diagonalizable. We spent time in the last lecture looking at the process of finding an orthogonal matrix \( P \) to diagonalize a symmetric matrix \( A \). During the process, we can guarantee that we can find an orthonormal basis for each of the eigenspaces for \( A \), but in the end we always found that making a matrix \( P \) from these orthonormal basis vectors created an orthogonal matrix. Now, since all of the vectors from our orthonormal bases would have norm 1, this feature of the columns of \( P \) is not surprising. It is also obvious that the columns of \( P \) from the same eigenspace would be orthogonal, as they are part of the same orthonormal basis. The thing that separates our situation from any random diagonalization process is that the vectors from one eigenspace are orthogonal to the vectors from another eigenspace. In order to prove this crucial fact, we first want to show the following:

**Lemma 8.1.1**: An \( n \times n \) matrix \( A \) is symmetric if and only if

\[
\vec{x} \cdot (A\vec{y}) = (A\vec{x}) \cdot \vec{y}
\]

for all \( \vec{x}, \vec{y} \in \mathbb{R}^n \).

**Proof of Lemma 8.1.1**: We need to prove both directions of our “if and only if” statement.

\( \Rightarrow \): If \( A \) is symmetric, then \( \vec{x} \cdot (A\vec{y}) = (A\vec{x}) \cdot \vec{y} \) for all \( \vec{x}, \vec{y} \in \mathbb{R}^n \).

Suppose \( A \) is symmetric, and let \( \vec{x}, \vec{y} \in \mathbb{R}^n \). Then we can rewrite the dot product \( \vec{x} \cdot (A\vec{y}) \) as the matrix product \( \vec{x}^T A\vec{y} \). Next, we use the fact that \( A^T = A \) to get that \( \vec{x} \cdot (A\vec{y}) = \vec{x}^T A\vec{y} \). Regrouping, we see that \( \vec{x}^T A\vec{y} = (A\vec{x})^T \vec{y} \), which we can write as the dot product \( (A\vec{x}) \cdot \vec{y} \). So we see that \( \vec{x} \cdot (A\vec{y}) = (A\vec{x}) \cdot \vec{y} \), as desired.

\( \Leftarrow \): If \( \vec{x} \cdot (A\vec{y}) = (A\vec{x}) \cdot \vec{y} \) for all \( \vec{x}, \vec{y} \in \mathbb{R}^n \), then \( A \) is symmetric.

Suppose that \( \vec{x} \cdot (A\vec{y}) = (A\vec{x}) \cdot \vec{y} \) for all \( \vec{x}, \vec{y} \in \mathbb{R}^n \). As before, we can rewrite these dot products as matrix products, getting that \( \vec{x}^T A\vec{y} = (A\vec{x})^T \vec{y} \) for all \( \vec{x}, \vec{y} \in \mathbb{R}^n \). If we set \( B = \vec{x}^T A \) and \( C = (A\vec{x})^T \), then we have that \( B\vec{y} = C\vec{y} \) for all \( \vec{y} \in \mathbb{R}^n \), so by Theorem 3.1.4, \( B = C \). That is, \( \vec{x}^T A = (A\vec{x})^T \). Taking the transpose of both sides, we get that \( (\vec{x}^T A)^T = ((A\vec{x})^T)^T = A\vec{x} \), so \( A\vec{x} = (\vec{x}^T A)^T = A^T (\vec{x}^T)^T = A^T \vec{x} \). And since \( A\vec{x} = A^T \vec{x} \) for all \( \vec{x} \in \mathbb{R}^n \), by another use of Theorem 3.1.4, we see that \( A = A^T \), and thus that \( A \) is symmetric.
And we can use this Lemma to prove our Theorem:

**Theorem 8.1.2:** If \( \vec{v}_1 \) and \( \vec{v}_2 \) are eigenvectors of a symmetric matrix \( A \) corresponding to distinct eigenvalues \( \lambda_1 \) and \( \lambda_2 \), then \( \vec{v}_1 \) is orthogonal to \( \vec{v}_2 \).

**Proof of Theorem 8.1.2:** By the definition of eigenvalues and eigenvectors, we have that \( A\vec{v}_1 = \lambda_1 \vec{v}_1 \) and \( A\vec{v}_2 = \lambda_2 \vec{v}_2 \). We want to show that \( \vec{v}_1 \cdot \vec{v}_2 = 0 \). In a leap of creativity, what we are actually going to show is that \( (\lambda_1 - \lambda_2)(\vec{v}_1 \cdot \vec{v}_2) = 0 \).

This is equivalent, since \( \lambda_1 \neq \lambda_2 \) means that \( (\lambda_1 - \lambda_2)(\vec{v}_1 \cdot \vec{v}_2) = 0 \) if and only if \( \vec{v}_1 \cdot \vec{v}_2 = 0 \).

So, to show that \( (\lambda_1 - \lambda_2)(\vec{v}_1 \cdot \vec{v}_2) = 0 \), we first note that

\[
\lambda_1(\vec{v}_1 \cdot \vec{v}_2) = (\lambda_1 \vec{v}_1) \cdot \vec{v}_2 = (A\vec{v}_1) \cdot \vec{v}_2
\]

We also know that

\[
\lambda_2(\vec{v}_1 \cdot \vec{v}_2) = \vec{v}_1 \cdot (\lambda_2 \vec{v}_2) = \vec{v}_1 \cdot (A\vec{v}_2)
\]

From Lemma 8.1.1, we know that \( (A\vec{v}_1) \cdot \vec{v}_2 = \vec{v}_1 \cdot (A\vec{v}_2) \). So we see that \( \lambda_1(\vec{v}_1 \cdot \vec{v}_2) = \lambda_2(\vec{v}_1 \cdot \vec{v}_2) \), which means that \( \lambda_1(\vec{v}_1 \cdot \vec{v}_2) - \lambda_2(\vec{v}_1 \cdot \vec{v}_2) = (\lambda_1 - \lambda_2)(\vec{v}_1 \cdot \vec{v}_2) = 0 \), as desired.

Now, Theorem 8.1.2 is an important piece of why symmetric matrices are orthogonally diagonalizable, but if we forget about the “orthogonally” part for a minute, it is pretty amazing just to know that every symmetric matrix is diagonalizable. And in order for this to be true, we need to know the following.

**Theorem 8.1.3:** If \( A \) is symmetric, then all of the eigenvalues of \( A \) are real.

The proof of this theorem requires properties of the complex numbers, which we will be studying next, so we will postpone the proof for now.

We now have the major building blocks for our proof, so now we need to put them together. We begin with the following Lemma:

**Lemma 8.1.4:** Suppose that \( \lambda_1 \) is an eigenvalue of the \( n \times n \) symmetric matrix \( A \), with corresponding unit eigenvector \( \vec{v}_1 \). Then there is an orthogonal matrix \( P \) whose first column is \( \vec{v}_1 \), such that

\[
P^TAP = \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & A_1 \end{bmatrix}
\]

where \( A_1 \) is an \((n-1) \times (n-1)\) symmetric matrix and \( O_{m,n} \) is the \( m \times n \) zero matrix. (That is, \( P^TAP \) is a matrix whose first entry is \( \lambda_1 \), the remaining
entries in the first row and first column are all zeroes, and the \((n-1) \times (n-1)\) submatrix we get by removing the first row and first column is a symmetric matrix.

Proof of Lemma 8.1.4: First, we know that we can extend the set \(\{\vec{v}_1\}\) to a basis \(\{\vec{v}_1, \ldots, \vec{v}_n\}\) for \(\mathbb{R}^n\). And then we can use the Gram-Schmidt Procedure on this basis to get an orthonormal basis \(\{\vec{w}_1, \vec{w}_2, \ldots, \vec{w}_n\}\) for \(\mathbb{R}^n\). But, since \(\vec{v}_1\) is already a unit vector, the Gram-Schmidt Procedure will set \(\vec{w}_1 = \vec{v}_1\), so \(\mathcal{B} = \{\vec{v}_1, \vec{w}_2, \ldots, \vec{w}_n\}\) is an orthonormal basis for \(\mathbb{R}^n\). Let

\[
P = \begin{bmatrix} \vec{v}_1 & \vec{w}_2 & \cdots & \vec{w}_n \end{bmatrix}
\]

First we note that \(P^TAP\) is symmetric, since \((P^TAP)^T = P^T(P^T A)^T = P^T A (P^T)^T = P^T A P\). But what is \(P^TAP\)? Multiplying it out, we get:

\[
P^TAP = \begin{bmatrix} \vec{v}_1^T \\ \vec{w}_2^T \\ \vdots \\ \vec{w}_n^T \end{bmatrix} A \begin{bmatrix} \vec{v}_1 & \vec{w}_2 & \cdots & \vec{w}_n \end{bmatrix} = \begin{bmatrix} \vec{v}_1^T A \vec{v}_1 & \vec{v}_1^T A \vec{w}_2 & \cdots & \vec{v}_1^T A \vec{w}_n \\ \vec{w}_2^T A \vec{v}_1 & \vec{w}_2^T A \vec{w}_2 & \cdots & \vec{w}_2^T A \vec{w}_n \\ \vdots & \vdots & \ddots & \vdots \\ \vec{w}_n^T A \vec{v}_1 & \vec{w}_n^T A \vec{w}_2 & \cdots & \vec{w}_n^T A \vec{w}_n \end{bmatrix} = \begin{bmatrix} \vec{v}_1 \cdot A \vec{v}_1 & \vec{v}_1 \cdot A \vec{w}_2 & \cdots & \vec{v}_1 \cdot A \vec{w}_n \\ \vec{w}_2 \cdot A \vec{v}_1 & \vec{w}_2 \cdot A \vec{w}_2 & \cdots & \vec{w}_2 \cdot A \vec{w}_n \\ \vdots & \vdots & \ddots & \vdots \\ \vec{w}_n \cdot A \vec{v}_1 & \vec{w}_n \cdot A \vec{w}_2 & \cdots & \vec{w}_n \cdot A \vec{w}_n \end{bmatrix}
\]

Since \(\vec{v}_1\) is a unit eigenvector of \(\lambda_1\), we have that \(\vec{v}_1 \cdot A \vec{v}_1 = \vec{v}_1 \cdot (\lambda_1 \vec{v}_1) = \lambda_1 (\vec{v}_1 \cdot \vec{v}_1) = \lambda_1\). So we've shown that \((P^TAP)_{11} = \lambda_1\). What about the rest of the first column? Well, since \(\mathcal{B}\) is orthonormal, we get that \(\vec{w}_i \cdot A \vec{v}_1 = \vec{w}_i \cdot (\lambda_1 \vec{v}_i) = \lambda_1 (\vec{w}_i \cdot \vec{v}_1) = 0\). So \((P^TAP)_{1i} = 0\) for all \(2 \leq i \leq n\). And the fact that \((P^TAP)\) is symmetric tells us that \((P^TAP)_{1i} = 0\) for all \(2 \leq i \leq n\). And this means that

\[
P^TAP = \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & A_1 \end{bmatrix}
\]
where $A_1$ must be symmetric because $P^TAP$ is symmetric.

This Lemma lets us take the first step in finding $P$, and then leaves us with the problem of diagonalizing the smaller matrix $A_1$. If we repeat this process on the increasingly smaller matrices, it will come to an end, and so with this in mind we finally prove our main result, using induction on the size of the symmetric matrix $A$.

**Theorem 8.1.5 (The Principal Axis Theorem):** Suppose $A$ is an $n \times n$ symmetric matrix. Then there exists an orthogonal matrix $P$ and a diagonal matrix $D$ such that $P^TAP = D$. That is, every symmetric matrix is orthogonally diagonalizable.

**Proof of the Principal Axis Theorem:**

The proof is by induction on $n$, the size of our symmetric matrix $A$. The base case is when $n = 1$, which means $A = [a]$, and $A$ is diagonalized by the orthogonal matrix $P = [1]$ to $P^TAP = [1][a][1] = [a]$.

For our induction step, suppose we know that all $(n-1) \times (n-1)$ symmetric matrices are orthogonally diagonalizable, and let $A$ be an $n \times n$ symmetric matrix. By Theorem 8.1.3, we know that $A$ has a real eigenvalue $\lambda_1$, and let $\vec{v}_1$ be a unit eigenvector corresponding to $\lambda_1$. Then by Lemma 8.1.4 we know that there is an orthogonal matrix $R = [\vec{v}_1 \ \vec{w}_2 \ \ldots \ \vec{w}_n]$ such that

$$R^TAR = \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & A_1 \end{bmatrix}$$

where $A_1$ is an $(n-1) \times (n-1)$ symmetric matrix. By our inductive hypothesis, there is an $(n-1) \times (n-1)$ orthogonal matrix $P_1$ and an $(n-1) \times (n-1)$ diagonal matrix $D_1$ such that $P_1^T A_1 P_1 = D_1$. Define the $n \times n$ matrix $P_2$ as follows:

$$P_2 = \begin{bmatrix} 1 & O_{1,n-1} \\ O_{n-1,1} & P_1 \end{bmatrix}$$

Note that the first column of $P_2$ is the vector $\vec{e}_1$, so it is a unit vector. Moreover, all the other columns of $P_2$ are also unit vectors, as their norm is not changed from $P_1$ by adding a 0 as the first entry. Moreover, all the columns of $P$ are orthogonal, either inherited from $P_2$, or because they have no non-zero entries in common with the first column. As such $P_1$ is also an orthogonal matrix. Since the product of orthogonal matrices is orthogonal, the matrix $P = RP_2$ is an $n \times n$ orthogonal matrix such that
\[ P^T A P = (RP_2)^T A(RP_2) \]
\[ = P_2^T (R^T A R) P_2 \]
\[ = P_2^T \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & A_1 \end{bmatrix} P_2 \]
\[ = \begin{bmatrix} 1 & O_{1,n-1} \\ O_{n-1,1} & P_1^T \end{bmatrix} \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & A_1 \end{bmatrix} \begin{bmatrix} 1 & O_{1,n-1} \\ O_{n-1,1} & P_1 \end{bmatrix} \]
\[ = \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & P_1^T A_1 P_1 \end{bmatrix} \]
\[ = \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & D_1 \end{bmatrix} \]

where \( \begin{bmatrix} \lambda_1 & O_{1,n-1} \\ O_{n-1,1} & D_1 \end{bmatrix} \) is our diagonal matrix \( D \).