# Applications of the MVT: Functions with Bounded Derivatives 

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A Problem


Problem 1: A car travels forward a distance of 110 km in one hour along a road with a posted speed limit of $100 \mathrm{~km} / \mathrm{hr}$. Prove that at some point in the journey the car was speeding.

Average velocity $=110 \mathrm{~km} / \mathrm{hr}$.
At $t_{0}$ the tangent line is parallel to the secant line $\Rightarrow v\left(t_{o}\right)=110 \mathrm{~km} / \mathrm{hr}$.
Problem 2: If a car travels at most $100 \mathrm{~km} / \mathrm{hr}$, what is the maximum distance it could travel in exactly 1 hour?

## A Problem

Observation: Assume that $f(x)$ is continuous on $[a, b]$ and is differentiable on $(a, b)$ with

$$
m \leq f^{\prime}(x) \leq M
$$

for each $x \in(a, b)$.
Let $x \in[a, b]$. Then Mean Value Theorem is true on the interval $[a, x]$. Hence there exists a $c$ between $a$ and $x$ such that

$$
f^{\prime}(c)=\frac{f(x)-f(a)}{x-a}
$$

Since $m \leq f^{\prime}(x) \leq M$, we get that

So

$$
m \leq \frac{f(x)-f(a)}{x-a} \leq M
$$

$$
f(a)+m(x-a) \leq f(x) \leq f(a)+M(x-a)
$$

for all $x \in[a, b]$.

## MVT and Bounded Derivatives



Assume that $m \leq f^{\prime}(x) \leq M$ for all $x \in[a, b]$.

## Functions with Bounded Derivatives

## Theorem: [Bounded Derivative Theorem]

Assume that $f(x)$ is continuous on $[a, b]$, differentiable on $(a, b)$, and that

$$
m \leq f^{\prime}(x) \leq M
$$

for each $x \in(a, b)$. Then

$$
f(a)+m(x-a) \leq f(x) \leq f(a)+M(x-a)
$$

for all $x \in[a, b]$.

Remark: If we return to the scenario of a car traveling one hour along a road without exceeding a speed of $100 \mathrm{~km} / \mathrm{hr}$, then the previous theorem tells us immediately that the maximum distance the car could have traveled in that time frame was 100 km as we expected.

## Functions with Bounded Derivatives

Example: Assume that


$$
f(0)=3
$$

and that

$$
1 \leq f^{\prime}(x) \leq 2
$$

for all $x \in[0,1]$. Show that

$$
4 \leq f(1) \leq 5
$$

Solution: We know that

$$
f(0)+1 \cdot(1-0) \leq f(1) \leq f(0)+2 \cdot(1-0)
$$

SO

$$
4=3+1 \leq f(1) \leq 3+2=5
$$

